Danceology

Professor Fonje
well, hello there, and welcome to my Danceology class! I'm Richard Fonje, certified Danceology professor. first, let me ask you this: are you sitting in a chair, all comfortable and relaxed? – hell, no! you ain't!! you can kiss my ego if you like but you got to shake that thang! now, listen up carefully because our first lesson today is about movin' your hips, shakin' that ass and all that kinda stuff. you can check out GMF for inspiration, but right now, this is what you learn. and you better believe it's hip!

Chorus 1

get up on your feet
get off on that beat

Professor Fonje
folks, may I introduce you to our senior research scientist in Shakin'ology, Dr. O.Gagneux
Dr. O. Gagneux
thank you Professor, it is an honor indeed!
Professor Fonje
it's my pleasure!
Dr. O. Gagneux
in dance, most movements can be classified as either isolations or undulations.
when one part of the body is moved separately, it is isolated,
while an undulation generally involves several parts of the body, moving in a smooth, wavelike motion.
Professor Fonje
can you dig?!
Dr. O. Gagneux
nearly any part of the body can move in both isolated and undulated figures,
though this requires a mastery of muscles, that is usually best acquired through a combination of instruction, practice… and groove
Professor Fonje
now, we got that alright! so, fellas, in order to achieve mastery, we've got to practice – so, let's go!

Chorus 2

isolation, undulation
mastery by practice
Equation
dance is an expression of time and space, using the control of movement and gesture to communicate, and ultimately, to get laid

$$\text{Dance} = \int_t^s \frac{\Sigma(W \times \vec{p})}{f + \lim_{\Delta t \to 0} \sqrt{x}}$$

Professor Fonje
now, was your lesson difficult? I don't think so! It's not that hard, is it?
– however, remember: mastery requires practice! So, check back next week for our second lesson, when we interview Bean! about his practical experience on the dancefloor…